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The Quest for Younger Looking Eyes

"My droopy eyelids and heavy brows are affecting my vision. I am looking to rejuvenate my eyelids and eyebrows. What are my options and where can I go to look and feel younger?"

As we age, the quality of our skin becomes less elastic and we lose collagen and volume. The skin around the eye becomes thinner, thus causing our eyelids to sag. Age, time, and gravity are constantly against us in the fight to look and feel younger. Droopy eyelids sometimes run in families and can also be caused by other diseases such as thyroid eye disease.

Eyelid rejuvenation often requires surgery. The most common eyelid surgery performed is called

a blepharoplasty. Blepharoplasty removes the skin, muscle, and fat around the eye. Many different surgeons can operate around the eye, but our preference for blepharoplasty surgery is to choose an eye plastic surgeon. An eye plastic surgeon is a board certified ophthalmologist who is specially trained in plastic surgery of the eyelids and the adjacent facial area.

There were over 500,000 blepharoplastys performed in the United States last year alone. This is a safe and effective eyelid rejuvenation method that will make you look and feel younger.

"I have wrinkles around my eye, but I'm afraid to go under the knife. Are there any non-surgical options to decrease sun damage and wrinkles around the eye?"

Sun damage is the number one cause for most wrinkles. We highly recommend using a sun protectant skin block with an SPF greater than thirty as well as sunglasses to help prevent sun damage. As an eyelid expert, I recommend skin peels around the eyelids as well as Co2

laser resurfacing which may require more downtime.

Wrinkles of facial motion such as frown lines, crow's feet, and forehead wrinkles can be safely and effectively treated using Botox cosmetic injections. Botox injections are the most popular in-office cosmetic procedure with over three million done each year. Botox works by smoothing muscles and blocking nerve impulses. At Stasior & Stasior we have treated patients with Botox injections for over twenty years and our patients love it! None of these treatments require going

under the knife, yet deliver real results to real patients every day with minimal downtime.

"I'm only thirty but I'm worried about my eyes becoming older looking as I age. What are some preventative measures to keep a youthful appearance?"

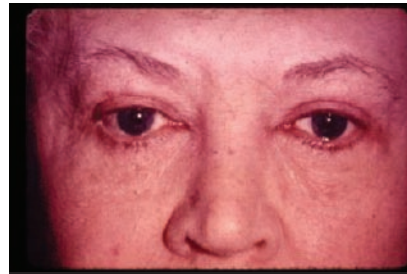
They say that beauty is in the eye of the beholder. The younger you can keep your eyes looking, the more beautiful you will appear. Protecting your eyes from sunlight not only decreases wrinkles, but also decreases skin cancer of the eyelids. Wearing proper sunglasses with UVA/UVB protection, even on overcast days,

will protect your eyes. My favorite sunglasses right now are the Maui Jim collection that blocks 100% UVA and UVB at 400 nanometers with polarization. It's never too late to take control of your health. The more you take control of your health, the healthier your eyes will be for your whole life.

Stasior & Stasior has certified eye plastic surgeons who can answer any and all questions you may have about the quest for younger looking eyes. Call today for a consultation to learn more about how you can prevent future problems and protect your beautiful eyes.



Upper and Lower Eyelid Blepharoplasty Pre-Op



Upper and Lower Eyelid Blepharoplasty Post-Op