



9 South Broadway • Saratoga Springs, NY • (518) 584-0980

I recently indulged in an overnight getaway to renew and recharge. The Roosevelt Inn and Suites was a perfect location to enjoy fine accommodations and blissful spa services, without having to travel far from home.

The Roosevelt Inn and Suites boasts many wonderful amenities. The list includes health club, spa services, seasonally heated pool and sundeck, two championship tennis courts, gazebo and attractive outdoor sitting areas, complimentary WIFI Internet, morning coffee and Danish, and television w/HBO. Beautifully situated right outside downtown Saratoga, you are close to everything, while still able to escape the crowds a bit, especially during the track season.

My accommodations were traditional Saratoga at its best. My spacious suite included a living area with kitchenette, a bedroom, and a bathroom. The living room featured classic cherry furnishings, with a fabulous deck overlooking a garden area complete with gazebo. My kitchenette was equipped with a dishwasher, refrigerator, coffeemaker, and handsome cherry cabinetry. The bathroom was quite large, with an oversized bathtub that had a TV perched just in the right spot, allowing one to soak and catch up on the news of the day. A good-looking Corian vanity, stand alone shower, and dark green ceramic tile floor completed this very smart room. The bedroom, again done in cherry furnishings, had an extremely comfortable king size bed and large half moon windows adorned with lovely window treatments. Both the bedroom and living area are outfitted with TVs complete with HBO.

I've heard that the Val-Kill Spa at the Roosevelt Inn and Suites has magnificent spa services. I was scheduled for a Swedish massage shortly after my check in. As I arrived at the Val-Kill, I truly felt as though I was entering a sanctuary. The waiting area was so restful with its soft lighting, candles, plants, and soothing music. My massage therapist, Cherrie immediately greeted me, and led me into the room where I would be getting my massage. After preparing myself for my massage, Cherrie came back in, and the pampering began. I am blessed in my work, to have experienced quite a few Swedish massages, and let me say that Cherrie's was exceptional. Her fluid motions and ability to target problem spots with the ideal amount of pressure was phenomenal. Cherrie also used hot rocks along with the Swedish massage. She explained that the heat was able to penetrate the muscles, making them more receptive to further massage. In my result I found that to be true. She later explained that if a person has a trouble spot and the massage is too aggressive, it can cause micro tears to the muscle. The heat of the rocks allows for deep penetration of the muscles without the risk of damage. The spa offers a host of services which include aromatherapy massage, reflexology, citrus body polish, seaweed wrap, green tea and lime leaf body butter massage, European facial, men's facial, and the list goes on. I was more than impressed with my Swedish massage, and would absolutely book another!

The Roosevelt Inn and Suites is a wonderful place to spend some time. It is a pristine environment, with beautifully landscaped grounds, restaurants right on the property, numerous amenities, and downtown Saratoga just minutes away. If you are looking for a "staycation" destination, the Roosevelt Inn and Suites might be just your solution!

The Finish Line

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There is a brand new eatery in Saratoga called The Finish Line. Located on the grounds of the Roosevelt Inn and Suites, I decided to stop in and try their breakfast.

The space has a fun ambiance. It is all about the races, with pictures and mementos depicting Saratoga's place in the world of horse racing throughout. The restaurant also captures a bit of a Las Vegas feel, which gives it an upbeat vibe. There are two stories to the restaurant, and the second floor has a great space for functions. The sports bar is spacious and inviting, and is open to but separate from the main dining area. The Rat Pack tunes playing in the background fit the atmosphere perfectly. Old Blue Eyes never sounded better.

Proprietors Dan Reilly and Guido Bieri have embraced this project whole heartedly and are looking forward to getting into the full swing of things. Right now they are serving breakfast and lunch daily from 7am - 2pm, and brunch on Sundays until 2pm. As soon as they obtain their liquor license, they will serve breakfast, lunch and dinner, featuring classic American cuisine with some Italian favorites highlighted as well. Dan and Guido are no strangers to the restaurant business, as they worked at Bruno's on Union Avenue for many years. Their goal is to provide top quality, reasonably priced food—they feel it's what most folks are looking for in a dining experience. The breakfast menu was more than complete, with eggs being served Benedict, scrambled, poached, fried, and any other way you can think up. Pancakes, Belgian waffles, hot and cold cereals, bagels, and breakfast pastries, were offered as well. I decided to try an omelet. There was a plethora of fixin's to chose from, but I liked the sounds of spinach, mushrooms, and feta cheese. My omelet was prepared beautifully and came with toast and home fries. I had not indulged in a breakfast of that magnitude it quite some time. It was so delectable that I savored every bite. My smooth, rich cup of coffee was just the thing to accompany this delicious meal.

The Finish Line looks to have a bright future in Saratoga. Dan and Guido have everything in place to be poised for success!

