



THE CRYSTAL SPA

John Young - Owner

Success Magazine: John, what makes The Crystal Spa stand out from other spas in the area?

John Young: The Crystal Spa is a unique spa in that we offer private mineral baths from our own mineral spring. We offer exceptional treatments such as hot stone massage, Thai massage, and hot stone facials to bring a truly indulgent experience to our clients' spa day.

SM: What can a client expect from their experience at The Crystal Spa?

JY: The staff at The Crystal Spa make the entire experience of a spa day very tranquil. From booking appointments, to answering questions and providing a wide array of services, our staff is dedicated to creating the most relaxing experience for our clients.

SM: You have been part of the Saratoga community for over fifty years. To what do you attribute the longevity of the spa?

JY: The Crystal Spa remains a staple in the Saratoga community and surrounding areas, due to our exceptional team. The Crystal Spa is constantly updating treatments, and we recently redesigned all of our body scrubs and body wraps to reflect the everchanging trends in the spa industry.

SM: You offer natural mineral water baths. What spring do these come from?

JY: Our natural mineral water baths come from the Rosemary Spring, located just behind The Crystal Spa. The mineral water is about 400 feet below ground, is low in carbonation, and is high in alkaline minerals such as iron, potassium, and magnesium. This spring is free flowing and we encourage our clients to drink from the spring.

SM: How do you incorporate the history of Saratoga spas with the modern amenities of today?

JY: In the late 1800's, Saratoga Springs experienced a high influx of people coming to

the area to experience the luxury day spa. The area became known as "The Queen of Spas." Due to the influence of the spa-goers in the Victorian era, the décor of The Crystal Spa reflects the rich history of the Victorian people. The Crystal Spa has kept the tradition of bathing in private mineral bath tubs while also adding new bath treatments, massage, facials, and body treatments to our menu of services.

SM: What other services do you offer?

JY: The Crystal Spa specializes in a wide array of massage therapies, including aromatherapy massage, shiatsu massage, deep tissue, and many more. The facials we provide use Dermalogica products as well as our own Rose Ritual Facial which we make in-house with organic ingredients. All of our body scrubs and body wraps are also made in-house, with organic ingredients, by our professionally trained staff.

SM: Do you offer any spa packages? Is there something for everyone included in these package deals?

JY: The Crystal Spa offers many packages, designed around the amount of time the client would like to spend in the spa as well as the amount of varied services the client wishes to receive. A Day at the Spa package includes a private mineral bath, a one hour massage, one hour European facial, body scrub of your choice, paraffin treatment on hands and feet, and a revitalizing scalp treatment. This package is about four hours long and gives a taste of everything that we offer!

SM: What is your VIP Program? How can one join?

JY: The Crystal Spa VIP Program is designed to give you 5% back on all your purchases with us. Whether that is on services for yourself, a friend or gift certificate purchases, you will gain 5% back on the VIP card. The VIP Program is easy to join; simply ask the front desk at our location, or you can send in your information on our Web site and we will mail the VIP card to you.

SM: You offer a bridal package. Is it possible to reserve the entire spa for one bridal party? How far in advance does this need to be done?

JY: It is possible to reserve the entire spa for a bridal party. The Crystal Spa offers a complete bridal service menu with packages specifically designed for the bride, groom, and anyone wanting to join in! The price to reserve the entire spa for the day (fourteen massage/mineral bath rooms, four facial rooms, two body treatment rooms, and two saunas) is \$5000, with a catered lunch and spa refreshers.

SM: What is your plan for the future of The Crystal Spa?

JY: I would love to see The Crystal Spa remain a pillar in the community and continue to strive toward bringing excellent day spa services to the Capital District area.

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